

Review of Systems: Please check if you have had any of the following symptoms, diseases, or findings:

GENERAL/ENDOCRINE:

- Weakness, lethargy
- Always hungry
- Increased thirst
- Tend to be too hot
- Tend to be too cold
- Chills or night sweats
- Fever
- Problem Sleeping
- Wake up often after falling asleep
- Recent Weight Gain
- Recent Weight Loss
- Frequent voiding, urinating at night

PSYCHIATRIC:

- Depression, cry often, or fell sad
- Loss of interest in eating
- Hear voices
- Nervous breakdown

HEAD:

- Frequent headaches
- Dizzy spells
- Earache or ear drainage

EYES:

- Wear glasses/contacts (circle one)
- Wear glasses only to read
- Eyesight worsening
- See double
- Eye Pains or itching

EARS:

- Deafness, decreased hearing
- Earaches or drainage
- Noise or ringing in ears

NOSE:

- Congestion/sneezing
- Sinus trouble/hay fever
- Runny nose, clear drainage
- Nose bleeds, date of last ___/___

MOUTH/THROAT/NECK

- Sore throat
- Sores in mouth
- Sore tongue
- Hoarse voice
- Dental problems
- Goiter/thyroid problem
- Neck pain or lumps

INFECTIONS(now or in the past):

- Rheumatic Fever, age: _____
- Nephritis, Bright's Disease
- Measles, age: _____
- Mumps, age: _____
- Chicken Pox, age: _____
- Polio, age: _____
- AIDS (or tests HIV positive)
- If so, date diagnosed: ___/___

GASTROINTESTINAL:

- Heartburn or indigestion
- Belching
- Nausea
- Jaundice, hepatitis
- Difficulty swallowing
- Stomach Pains
- Vomiting blood
- Constipation
- Recent Change in Bowel Habits
- Loose stools/diarrhea
- Black of bloody stools
- Pain in rectum
- Hemorrhoids
- Amoeba/parasites/worms
- Cirrhosis of liver
- Ulcer in stomach
- Rectal fissure, infection
- Pancreatitis, inflamed pancreas
- Gallbladder stones
- Gallbladder infection

CARDIOVASCULAR/HEART:

- Chest pain or tightness at rest
- Chest pain or tightness with walking or mild exercise
- Swelling of feet
- Swelling of stomach or abdomen
- Short of breath at rest
- Short of breath with heavy exercise
- Dizzy or woozy when standing
- Passed out (syncopal attack)
- Palpitations (skipped beats)
- Irregular Heart beat
- Sleep on pillows or in chair due to shortness of breath
- Sit up intermittently at night due to shortness of breath
- High blood fat or cholesterol

RESPIRATORY/LUNG:

- Cough, productive of sputum
If so, color of sputum: _____
- Cough, not productive of sputum
- Snoring
- Stop breathing while asleep
- Wheezing / Asthma

MUSCULO-SKELETAL:

- Gout
- Arthritis, degenerative
- Arthritis, rheumatoid
- Lupus
- Aching muscles / joints
- Leg Cramps after walking
- Leg cramps at night
- Pain in fingers, hands after cold

HEMATOLOGY / LYMPHATIC:

- Bleed or bruise easily
- Anemia / low blood
- Blood disease
- Cancer of skin
- Cancer, other
- Fevers
- Enlarged glands or lymph nodes

GENITO-URINARY:

- Frequent voiding, urinating
- Burn on urination
- Blood or pus in urine
- Difficulty starting urination
- Dribbling of urine with cough
- Kidney stone
- Sexual difficulty, nature problem
- Other kidney disease
- Syphilis or Gonorrhea
- Herpes
- Other Venereal (sexual) Disease

MEN ONLY:

- Weak urine stream
- Prostate trouble or infection
- Lump on testicles
- Problem with sexual intercourse
- Change in sexual desire
- Burning or discharge

WOMEN ONLY:

- Cesarean ("C") section
- Hysterectomy
- Toxemia of pregnancy
- Lumps in breast
- Date Last Pap Smear: _____
- Number pregnancies: _____
- Number miscarriages: _____
- Date last period (menses): _____
- Menstrual problems
- Excessive menstrual bleeding

NEUROLOGICAL:

- Convulsions / seizures
- Stroke / paralysis
- Memory Problems
- Meningitis (infected spinal fluid)
- Nerve damage to feet or hands
- Spells of trembling