



# Varithena<sup>®</sup>

(polidocanol injectable foam) 1%

Not actual patients

## Varithena<sup>®</sup> improves vein appearance and 5 key varicose vein symptoms (HASTI<sup>™</sup> Symptoms)

- Heaviness
- Achiness
- Swelling
- Throbbing
- Itching

Varithena<sup>®</sup> (polidocanol injectable foam) is a prescription medicine used to treat varicose veins caused by problems with the great saphenous vein (GSV) and other related veins in the leg's GSV system. Varithena<sup>®</sup> improves symptoms related to or caused by varicose veins, and the appearance of varicose veins.

# About varicose veins

Varicose veins are enlarged, bulging veins usually found in the legs.

Varithena<sup>®</sup> (polidocanol injectable foam) treats varicose veins caused by problems with the great saphenous vein (GSV) system in the leg. Varithena<sup>®</sup> does not treat all forms of varicose veins.

## Common symptoms

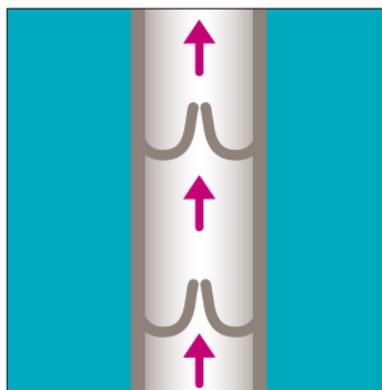
Varicose veins can cause uncomfortable symptoms, such as achiness, swelling, throbbing, heaviness, and itching.

## Common risk factors

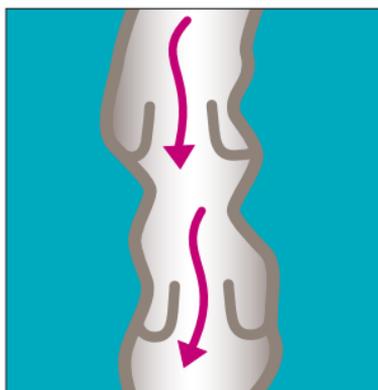
Family history, aging, being overweight or obese, and working at jobs requiring prolonged standing can increase the risk for varicose veins.

## Why they occur

Varicose veins occur when the tiny valves inside the veins become weaker, causing blood to back up and make the veins swell.



Tiny valves help the leg veins work against gravity to push blood back to the heart.



But if valves weaken, blood can leak backwards and pool, resulting in varicose veins.

### IMPORTANT SAFETY INFORMATION

You should not be treated with Varithena<sup>®</sup> if you are allergic to polidocanol or have clots in your blood vessels.

**See next page for additional Important Safety Information.**

# Varithena<sup>®</sup>

(polidocanol injectable foam) 1%

## Varithena<sup>®</sup> improves vein appearance and 5 key varicose vein symptoms

Your doctor may choose to use Varithena<sup>®</sup>, because unlike other therapies, Varithena<sup>®</sup>:

- Is effective to treat veins of different sizes above and below the knee
- Requires no incisions, sedation or general anesthesia
- Does not require a wire to be inserted along the length of your vein
- Is administered in as little as one or two needle sticks per treatment, instead of 10-14
- Does not use heat, eliminating the risk of thermal injury
- Does not use glue and dissolves in the bloodstream after treatment, leaving no foreign bodies in the vein

Because Varithena<sup>®</sup> is minimally invasive and well tolerated by most patients, you may resume most normal activities the same day as treatment.

### **IMPORTANT SAFETY INFORMATION**

Severe allergic reactions have been reported in people treated with liquid forms of polidocanol and some patients have died from these reactions. Varithena<sup>®</sup> is a foam made from polidocanol. A healthcare professional will observe you for signs of allergic reactions for at least 10 minutes after you are treated with Varithena<sup>®</sup>.

**See next page for additional Important Safety Information.**

# Questions about treatment with Varithena®

## About Varithena®

### How does Varithena® work?

- The doctor administers a small amount of Varithena® (polidocanol injectable foam) through a catheter or by direct injection into the malfunctioning vein
- The foam fills and treats the desired section of the vein
- The diseased vein collapses and the foam is deactivated

### How is blood flow affected?

When the malfunctioning vein collapses, blood flow shifts to healthier veins nearby.



## About treatment

### What is treatment like?

Treatment with Varithena® is minimally invasive and nonsurgical (no incisions required). The doctor usually numbs the injection site, but no additional anesthesia is required.

## How long does treatment take?

It usually takes the doctor less than an hour to administer Varithena®.

## How soon can I get back to my normal activities?

Patients may resume some activities the same day as treatment. Heavy exercise should be avoided for one week. Post-treatment bandages need to be kept dry and in place for 48 hours, and compression stockings must be worn on the treated leg for 2 weeks.

For a month, patients should walk at least 10 minutes a day and avoid long periods of inactivity.

## How many treatments might I need?

Some patients only need a single treatment. Additional treatment may be needed, depending on the number and size of veins to be treated.

## Will my insurance cover treatment?

Insurance carriers may cover varicose vein treatment. Coverage may depend on the severity of the varicose veins and symptoms. Your doctor's office may be able to help you understand your coverage.

## Talk to your doctor to learn more.

### IMPORTANT SAFETY INFORMATION

Tell your doctor about all of your medical conditions, including if you

- have arterial disease (a disease of the blood vessels)
- have reduced mobility
- have a history of blood clots in the veins or lungs
- have had major surgery in the past 3 months
- have recently had a long hospital stay
- are pregnant or have recently been pregnant

**See next page for additional Important Safety Information.**

# Clinical trial results with Varithena®

In 2 placebo-controlled studies, the majority of patients treated with Varithena® (polidocanol injectable foam) experienced these results:

## Improved symptoms

Including heaviness, achiness, swelling, throbbing, and itching (HASTI™ Symptoms)

## Improved vein appearance

In assessments by both patients and doctors

## Real results with Varithena®

Results after one treatment with Varithena®

Additional treatment may be needed, depending on the number and size of veins to be treated.

*Your results may vary.*

PATIENT 1



BEFORE

AFTER

*Photographs taken before treatment and 8 weeks after treatment*

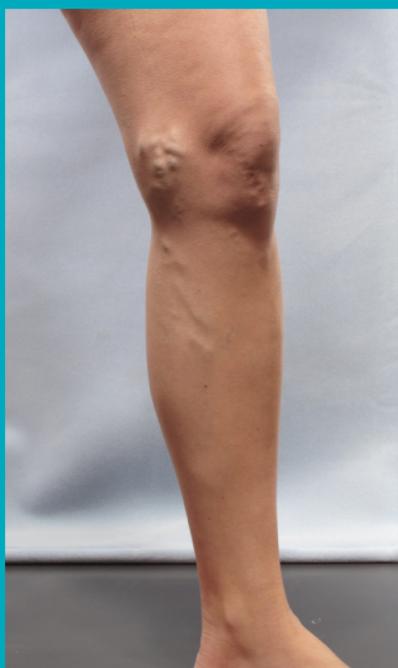
### **IMPORTANT SAFETY INFORMATION**

The most common side effects seen with Varithena® are leg pain or discomfort, injection site bruising or pain, and potentially serious blood clots in the leg veins. These are not all of the possible side effects of Varithena®. Tell your healthcare provider about any side effect that bothers you or that does not go away. You can also report side effects to the FDA at 1-800-FDA-1088.

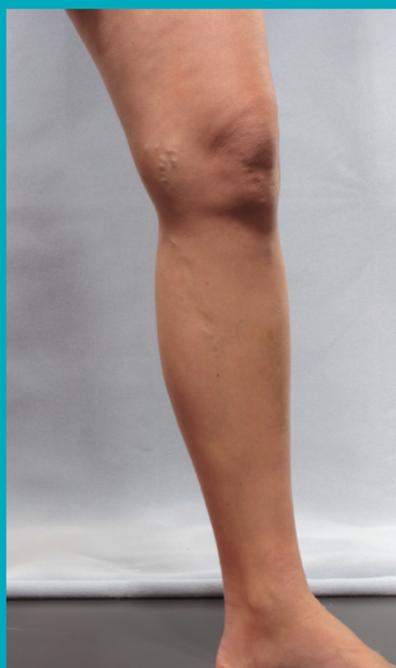
Varithena® is administered by your doctor. Doctors using Varithena® must be experienced in vein procedures and trained in using Varithena®.

**See the enclosed Full Prescribing Information for Varithena®**

**PATIENT 2**



**BEFORE**



**AFTER**

# PI PLACEMENT



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